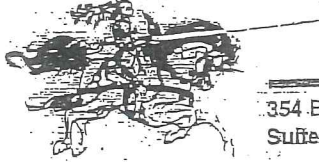


"Home of the Golden Knights"



Union School District

UNION HIGH SCHOOL

354 Baker Street
Suite 1

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Union Jr./Sr. High School Injury Warning

BASKETBALL

Basketball can be a sport in which injuries will occur. The coaches working in our program are well qualified people. Fundamentals related to playing basketball will continually and repeatedly be emphasized on and off the court. It will be our purpose to inform the young men and women in our basketball program of the proper techniques to practice for maximum safety in the sport of basketball.

Coaches need to inform their players of the following possible catastrophic injuries:

- (a) Death
- (b) Loss of sight
- (c) Paraplegia
- (d) Quadriplegia
- (e) Coma, with varying degrees of paralysis

The walls at the ends of the court are padded, but play around them should be with caution. Contact with such could cause serious injury, paralysis or even death. Another of the dangers in the sport of basketball include diving or falling on the hardwood surface. This could lead to skin abrasions, cuts, or even head injuries. Minor injuries such as muscle pulls, sprained ankles, etc., should be expected. Much of the activity involved in this sport could lead to these types of dangers. Also illegal play by participating athletes will not be tolerated and all players are repeatedly reminded of the dangers of unsportsmanlike acts.

This warning does not cover all potential injury possibilities in playing basketball, but it is an attempt to make the players and parents aware that fundamentals, coaching, and proper conduct are important to their safety and enjoyment in playing basketball at Union Junior/Senior High School.

The above information has been explained to me and I understand the rules and procedures of basketball. I also understand the necessity of using the proper techniques while participating in the basketball program.

ATHLETE'S SIGNATURE _____ DATE _____

PARENT'S SIGNATURE _____ DATE _____